



Capricorn Coast OCC

proudly presents

GRAND PRIX ROUND 5 - 2019

RACE PROGRAM AND MAPS ONLY

(This is to be read in conjunction with the AOCRA Race Rule and Regatta Administrative Guide)

Saturday, 27 July 2019

Fishermans Beach, Emu Park



Australian Government
Department of Social Services

RACING PROGRAM

IMPORTANT NOTICE

The race program will run on time, or at the discretion of the Race Director. Clubs must provide adequate canoes for competitors in each division. Please be ready for your event. The Race Director will not wait for crews to get to the START LINE.

Please note that races may be brought forward on the day so please notify all competitors that it is important to listen for changes over the PA system.

All canoes are required to carry one PFD per paddler, and must be easily accessible. Always be Sunsmart.

Race Director: Soozie Wilson

Assistant Race Director: John Jennings

THE VENUE

The regatta will be held at Fishermans Beach, Emu Park.

The senior OC6 marathon 19km course, OC6 Novice and Open Mixed 11 km marathon and all junior events start and finish at Fishermans Beach, Emu Park (via the car park at the eastern end of Hill Street). The OC1, OC2, V1 & V3 downwind 17 km marathon will start at Fishermans Beach, Emu Park and finish at Ross Creek in Yeppoon.



AMENITIES

Public toilets are located in Bell Park adjacent to Fishermans Beach.

PARKING

Car parking for competitors is available at Bell Park, Emu Park.

Canoe trailer parking is available in the car park at the Emu Park boat ramp, Fishermans Beach, Emu Park.

There will be no OC6 trailer parking in the main street of Emu Park.

Trailer parking is also available at Ross Creek, Yeppoon for loading canoes at the end of the OC1/2 downwind race.

REFRESHMENTS

A variety of food and beverages will be available to purchase from Capriocorn Coast Outriggers at the regatta venue. A variety of merchandise will also be on sale.

An IGA supermarket and other coffee and food outlets are also within close walking distance.

PRESENTATIONS

Junior and senior presentations will be held The Pine Beach Hotel Motel, 3-5 Granville Street, Emu Park commencing at 6.30 pm in the beer garden. Further details will be provided closer to the event.

ACCOMMODATION

There are a range of accommodation options available from Emu Park (close to the regatta site) through to Yeppoon (approximately 25 minutes from the regatta site). Some options are listed below.

(Please note, there is another major event being held in the region during the same weekend and accommodation may fill up fast.)

Emu Park:

Fisherman's Beach Caravan Park	07 4936 6202	https://www.fishermansbeachhp.com.au/
Emus Beach Resort and Backpackers	1800 333 349	https://www.emusbeachresort.com/
Endeavour Inn	07 4939 6777	https://www.endeavourinn.com.au/

Between Emu Park and Yeppoon:

NRMA Capricorn Yeppoon Holiday Park, Mulambin	1800 068 703	https://www.nrmaparksandresorts.com.au/capricorn-yeppoon/
Coolwaters Yeppoon Holiday & Caravan Park, Kinka Beach	07 4939 6102	https://www.discoveryholidayparks.com.au/caravan-parks/queensland/capricorn-coast-coolwaters-yeppoon
Island View Caravan Park	07 4939 6284	http://www.island-view.com.au/

Yeppoon:

The Coast Motel	07 4930 2325	http://www.thecoastmotel.com.au/
Poinciana Caravan Park	07 4939 1601	https://poincianatouristpark.com.au/contact-us/
Oshen Apartments	07 4939 0700	http://oshenapartments.com.au/

THE REGION

Whilst visiting our magnificent Capricorn Coast region, we recommend that you take the time to visit a number of tourist attractions which are unique to Livingstone Shire Council:

- Yeppoon Lagoon, Yeppoon Foreshore
- The Keppel Kraken - Zero Depth Water Play Feature, Yeppoon Foreshore
- Commemorative Anzac Day Memorial, Emu Park Foreshore
- Wreck Point Lookout, Cooee Bay
- The Capricorn Caves; and
- Great Keppel Island

For more information regarding our shire, including additional accommodation options, check out the Livingstone Shire Council's website which includes links to the Capricorn Coast Lifestyle and Visitor Guide and Make Tracks to Yeppoon Brochure <http://www.livingstone.qld.gov.au/975/The-Livingstone-Shire>

NOMINATIONS

FEES		Senior Paddlers	Juniors Paddlers
OC6	Per Crew	\$78.00	\$25.00 (flat fee per regatta for junior events only)
	Per Division		
	Per Event		
OC1/2 V1/V3	Per Paddler	\$35.00	
	Per Division		
	Per Event		

CLUB NOMINATIONS

All clubs must lodge a CLUB NOMINATION with payment, performed online, at www.aocra.com.au

Individuals wishing to compete in an OC1/2 event can lodge a "CLUB NOMINATION" with payment by your own credit card, at www.aocra.com.au.

All nominations close at **5.00pm Friday, 12 July, 2019.**

Late nominations will be accepted with an additional late fee of \$5.00 per senior paddler for all events.

If insufficient/no nominations are received for certain divisions, the Race Director will combine divisions or delete from the schedule of events.

TEAM and INDIVIDUAL EVENTS

The name of individuals eligible to paddle in each race, in each division, must be lodged online at www.aocra.com.au no later than **5.00pm Friday, 19 July, 2019**

CANOE NUMBERS

Canoe numbers must be included in the "notes" section when registering.

SIGNING IN ON RACE DAY

When signing in for OC6 events, clubs need to indicate:

1. Which individuals are in each crew for the upcoming race;
2. The canoe number (and any identifying feature eg sponsor name); and
3. Crew names (if applicable).

When signing in for OC1/2 events, individuals need to indicate:

1. Confirm the division is correct;
2. Indicate individual/s paddling; and
3. Canoe number (and any identifying feature eg colour of ama).

It would be appreciated if paddlers do not approach the Sign In desk until they have all of the above details.

MORE INFORMATION

Regatta Coordinator: Soozie Wilson

Email: info@capricornstar.com.au

Mobile: 0408755201

Club Secretary: Kat Groves

Email: kat.groves@bigpond.com

Mobile: 0422639702

For any issues when registering via the AOCRA website:

Cheryl Thomson

NQ Zone AOCRA Registrar

Nqzone_registrar@outlook.com

REGATTA RACE PROGRAM

Saturday, 27 July 2019

Sunrise:	06:34	Sunset:	17:33
High Tide:	3.18 m @ 4:41 3.74 m @ 17:39	Low Tide:	1.16 m @ 11:07

Event #	Time	Event	Distance	
	0615	Blessing Of The Fleet		
Briefing	0630	OC6 Senior Marathon and OC6 Novice & Mixed Marathon		
1	0700	OC6 Senior Men Marathon - All Divisions OM, MM, SMM, GMM, PM	19 km	
2	0900	OC6 Senior Women Marathon - All Divisions OW, MW, SMW, GMW, PW	19 km	
Briefing	0715	Junior OC1, V1 and OC2 events		
3	0730 to 1130	U12 OC1/V1	2 km	
4		U16 OC2	6 km	
5		U14 OC1/V1	3 km	
6		U19 OC2	6 km	
7		U12 OC2	2 km	
8		U16 OC1/V1	6 km	
9		U14 OC2	3 km	
10		U19 OC1/V1	6 km	
11		1130	OC6 Novice (Open Mixed) and OC6 Mixed (Open)	11 km
Briefing		1300	OC1, OC2, V1 and V3 Downwind Marathon (Start at Fishermans Beach, Emu Park and finish at Ross Creek, Yeppoon)	
12	1315	OC1, OC2 and V1 - All Divisions V3 – Open Mixed Only	17 km	
Briefing	1330	Spirit of Aloha		
SOA	1400 to 1600	OC6 Junior "Spirit Of Aloha" Races – all divisions including minnows. Mixture of races in age divisions and novelty events of mixed age/clubs. More details at end of program.	Various distances to suit all divisions 1 – 6 km	

OC6 – Senior Men and Women Marathon

All Divisions (19 kms)

Depending on conditions the course will start at Fishermans Beach, Emu Park (access via the car park at Emu Park Boat ramp) and head in an easterly direction and turn Pelican Island in a clockwise direction. Head in a south easterly direction and turn Wedge Island in a similar fashion. Head back towards buoy 1 and make an ama turn and finish at Fishermans Beach between the start finish buoys. Direction around islands may change due to wind conditions on the day.



Alternative course if required:



OC6 Novice and Open Mixed Marathon

Open mixed division – 11 km

The 11 km course will start at Fishermans Beach, Emu Park (access via the car park at Emu Park Boat ramp) heading in an easterly direction canoes will right turn at buoy 1 and buoy 2. Head south and turn anticlockwise around Mother Macgreggor Island back towards Fishermans Beach. Canoes will left turn at buoy 2 & 1 and finish between the start finish buoys off Fishermans Beach.



OC1, OC2, V1 & V3 Downwind

Men, Women & Mixed – 17 kms

17 km downwind course will start at Emu Park boat ramp and finish at the entrance to Ross Creek in Yeppoon.

Canoes will start between two orange buoys off the Emu Park boat ramp and travel northwest along the coast towards Yeppoon. Paddlers are warned of possible submerged rocks at Retamata Rocks and Wreck Point Rocks.

The completion of the race will be at the entrance to Ross Creek, Yeppoon between the rock wall and the beach. See image of finish line.



Race Finish Location



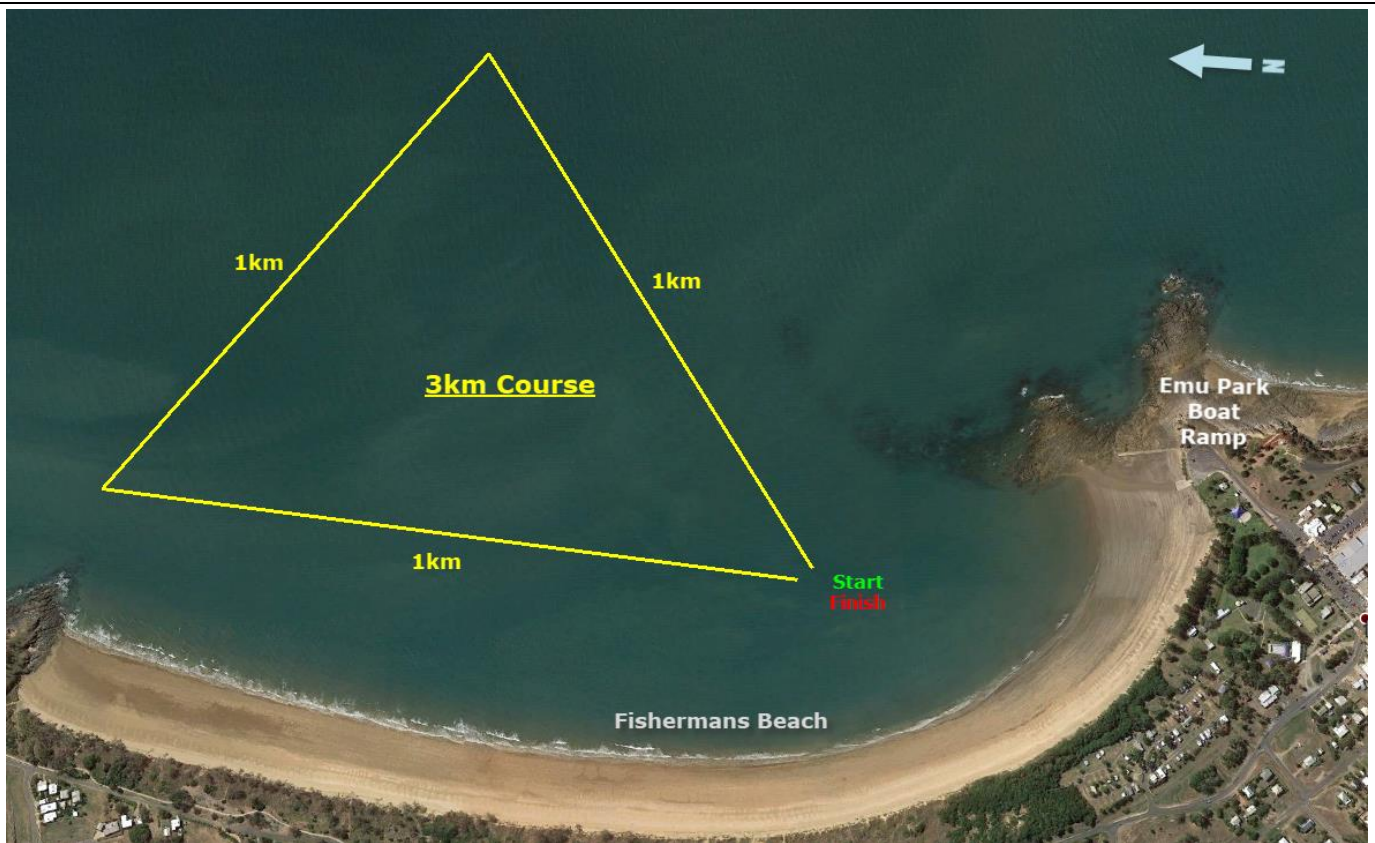
OC6 Junior Events & Spirit of Aloha

2 km, 3 km and 6 km

2 km race: The 2 km race will include 2 laps of one side of the triangle course (the side will be decided on the day depending on conditions).

3 km race: The 3 km race will include 1 lap of the triangle course. The race will be in an anticlockwise direction (ama turns).

6 km race: The 6 km race will include 2 laps of the 3 km triangle course. The race will be in an anticlockwise direction (ama turns).



Spirit Of Aloha OC6 Races

Depending on numbers and age mixes across the juniors from Minnows to U19, we will develop a series of events to best suit our junior paddlers. If we have enough juniors in any one age division to race as a club, we will run OC6 mixed races as follows:

Minnows 1km, U12 km, U14 3km, U16 6km, U19 6km medals awarded for each race offered.

If not, we will mix up ages and clubs to form teams and run some novelty events such as a tug of war, spin the canoe, changeover relay and retrieve ball. Teams will score points per event and medals will be awarded to highest scoring teams.

SPONSORS

Capricorn Coast Outriggers would like to thank all of their sponsors for the valuable support provided to our club in hosting this event.

